



भारतीय राजमार्ग अभियन्ता अकादमी  
(सड़क परिवहन एवं राजमार्ग मंत्रालय, भारत सरकार)  
**Indian Academy of Highway Engineers**

No. IAHE/Admin/19/Impt. Days Celebration/2024-25

Dated: 10.06.2026

Office Memorandum

**Subject: Participation in Guinness World Record Attempt under International Day of Yoga (IDY), 2026 - reg.**

I am directed to enclose a copy of circular received from MoRT&H vide File No 11012/2/2026-Canteen/Welfare regarding organising a Guinness World Record Attempt on 14.06.2026 (Sunday) from 06:15 AM to 07:35 AM as part of the nationwide activities being conducted to commemorate the International Day of Yoga (IDY), 2026.

2. All officers, staff and Trainees in IAHE are encouraged to participate in the event. The registration process is as follows:
  - (i) Participants are required to register by giving a missed call on the toll-free number 1800-315-7008.
  - (ii) Upon registration, participants will receive a WhatsApp message containing the session link.
  - (iii) On the day of the event, each participant shall join the session individually through his/her own device. Every registered device joining the session will be counted towards the official Guinness World Record attempt.
3. This issues with the approval of Director, IAHE

(Rakesh Kumar)  
Deputy Director(Admin. & Fin.)

Encl:- As above

Copy To :-

- I. All Officers, Staff members and trainees of IAHE.
- II. Notice Board of IAHE.
- III. Website of IAHE.

कृपया सभी पत्राचार केवल निदेशक के पदनाम द्वारा संबोधित करें / All correspondence should be addressed to the Director by designation

ए-5, संस्थानिक क्षेत्र, सेक्टर-62, नोएडा-201309, उ.प्र., भारत / A-5, Institutional Area, Sector-62, Noida-201309, UP, India

दूरभाष/Telephone 0120-2975331/2, ईमेल/Email [director-iahe@gov.in](mailto:director-iahe@gov.in), Website/वेबसाइट [iahe.org.in](http://iahe.org.in)

F.No. B-11012/2/2026-Canteen/Welfare

Government of India

Ministry of Road Transport and Highways

(Canteen &amp; Welfare Section)

Transport Bhawan, 1, Parliament Street, New Delhi-110001

New Delhi, dated 3<sup>rd</sup> June, 2026**CIRCULAR**

The Ministry of Ayush, vide D.O. No. M-16011/47/2026-YN dated 01.06.2026 (copy enclosed), has informed that they are organizing a Guinness World Record attempt on 14.06.2026 from 6:15 AM to 7:35 AM as part of the nationwide activities being conducted to commemorate the International Day of Yoga (IDY) 2026.

2. The Ministry of Road Transport and Highways has been requested to ensure maximum participation in the event. The details for participation are as follows:-

- i. To participate in the event, individuals/employees are required to register by giving a missed call on the toll-free number 1800-315-7008.
- ii. Upon registration, participants will receive a Whatsapp message containing the session link.
- iii. On the day of the Guinness World Record attempt (on 14.06.2026), every participant is required individually to log in through their own device, as each registered device joining the session will be counted towards the official record.

3. In view of the above, all officers and staff of MoRTH, as well as organizations/institutions under the administrative control of this Ministry, are requested to complete their registration and actively participate in the Guinness World Record attempt scheduled on 14.06.2026 from 6:15 AM to 7:35 AM. All concerned are requested to follow the registration process outlined above and contribute towards making the event a grand success.

Encl: as above.



(Lalit Kumar)  
Director

Tel. No. 011-23710211

To

- I. All the Officers/ staff of MoRTH.
- II. All the RO of MoRTH- with a request to disseminate Information about this Initiative to all the officers and staff of the respective ROs for their active participation.
- III. NIC with the request to upload it on e-office portal.

Copy for information and necessary action to:

- I. The Chairman, NHAI, G 5 & 6, Sector-10, Dwarka, New Delhi.
- II. The Managing Director, NHIDCL, 1st and 2nd Floor, Tower A, World Trade Centre, Nauroji Nagar, New Delhi-110029
- III. The Director, IAHE, Sector-62, Noida (UP).
- IV. The Secretary General, IRC, R.K. Puram, New Delhi.

ope Sachin  
2/6/26

वैद्य राजेश कोटचा  
सचिव  
Vaidya Rajesh Kotcha  
Secretary



भारत सरकार  
आयुष मंत्रालय  
आयुष मंत्रालय, पी. एन. टी. रो. अ. ३, इंदिरा गांधी  
मार्ग, नई दिल्ली-110023  
Government of India  
Ministry of Ayush  
Ayush Bhawan, 3 Block, CPD Complex,  
INA, New Delhi-110023  
Tel : 011-24831950, Fax : 011-24831957  
E-mail : secy-ayush@nic.in

D.O.No.M-16011/47/2026-YN  
01<sup>st</sup> June, 2026

Dear colleague,

As you are aware, the International Day of Yoga (IDY) has emerged as a global movement promoting holistic health, wellness, and harmony. In continuation of this collective endeavour, Ministry of Ayush is organising several nationwide activities as part of IDY 2026 celebrations.

In this regard, I would like to invite and encourage your active participation in the Guinness World Record attempt being organised by the Ministry of Ayush in association with Habyld Healthtech Pvt Ltd. on 14<sup>th</sup> June 2026 from 6.15 AM to 7.35AM. This historic initiative aims to achieve the maximum number of people participating simultaneously in an online Yoga session through Ministry of Ayush YouTube platform.

To participate in this event, individuals are required to register by giving a missed call on the toll-free number 1800-315-7008. Upon registration, participants will receive a WhatsApp message containing the session link.

On the day of the Guinness World Record attempt, every participant must individually log in through their own device, as each registered device joining the session will be counted towards the official record. Therefore, I request you to ensure maximum participation by encouraging all officials, employees, affiliated institutions, organisations, Yoga practitioners, and members of the public under your jurisdiction to join separately through their personal devices.

I shall be grateful for your personal intervention and support in ensuring wide publicity, mass mobilisation, and enthusiastic participation in the Guinness World Record attempt as part of IDY 2026 celebrations.

With regards,

Yours sincerely,

(Rajesh Kotcha)

To,

All Secretaries of all Ministries/Departments, Government of India

ASO(CC&W)